



Supplies

- 1 Vintage Gingham Trim Dishtowel (or a towel of your choosing!)
- 1 Travel size pillow form (12x16 is what we used)
- 2 yards coordinating ribbon
- Temporary adhesive spray (505 spray)
- Temporary marking pen
- Embroidery design of your choosing*

*We used designs from www.emblibrary.com. We chose "Merry Christmas" design in the medium size. The penguins are the "Caroling Penguins Pocket Topper". Both are easy to find on the Embroidery Library Website by searching for these terms.

Step 1: It's important to note that there are no set measurements or "right/wrong" for this pillow. It's basically a really cute kitchen towel wrapped around a pillow form.

I find it very helpful to print a paper template of your embroidery design. This will help with the placement of the design on the towel. Use your embroidery software and print a paper template and cut it out so you can use it to visually place the design.

Step 2: Wrap the towel around the pillow form until it "looks right" (don't you love these technical terms?!). Using some temporary adhesive spray, position your embroidery design on the flap of the pillow you've created until it looks visually appealing.



VINTAGE DISHTOWEL PILLOW INSTRUCTIONS

Step 3a: Once everything looks right, use a purple temporary marking pen and mark the location of the edge of the towel on each side when it's folded up around the pillow form. These marks tell you where to top-stitch the sides of the towel so you have created the "pocket" for the pillow form.



Step 3b: With white thread and a simple straight-stitch, top-stitch the edges of the towel so your pocket is formed.



Step 4: At this point I go ahead and embroider the design onto the towel.

Step 5: Cut the ribbon into 4 equal parts. With the pillow form inside the pillow pocket you've just created, visually determine where you want the ribbons to tie on either side. Then, with a simple zig-zag stitch, zig-zag the end of the ribbon onto the pillow-pocket creating ribbon ties on each side. (You will attach all four pieces of ribbon---two on each side of the pillow). The goal is to tie the open sides of the "towel" closed with the ribbon ties. If you're using polka-dot ribbon, or ribbon that has a design to it, be mindful of which side is the right side. You want the pretty side to be facing out.



You are done! It's such a simple and easy project that it is actually hard to write directions for it. You're basically wrapping a towel around a pillow form, stitching the bottom portion to be a pocket. Then you add some ribbon on each side to create a bow. So simple!